

This publication is the copyright of The International Circumcision Forum © Inter-Circ 2015-2020 All rights reserved.



## Catalogue of Official Inter-Circ Publications



#### **Copyright Notice**

This publication is the copyright of The International Circumcision Forum © Inter-Circ 2015-2020 All rights reserved.

Any redistribution or reproduction of part or all of the contents in any form is prohibited other than for the following purposes:

- Printing or downloading this document to a local hard disk for your personal and non-commercial use (note that Cloud storage is not permitted),
- Copying the latest version of the entire document, electronically or in printed form, to individual third parties for their personal use. No charge shall be made and Inter-Circ: The International Circumcision Forum shall be identified as the source of the material. (Doctors, their Clinics and other medical staff may distribute this document to their patients without our explicit consent, as if they were non-commercial organisations),,
- Providing a standard hyperlink from your personal web site or blog to the latest version of this document subject to it opening in a new browser window or tab, complete with the Inter-Circ identity in the URL line of the browser,
- Quoting parts of the latest version of this publication for scholarly, academic or review purposes provided the source is acknowledged as above.

For all commercial organisations: you may not distribute or exploit the content of this document, nor may you transmit it or store it in any other website or other form of electronic retrieval system without our explicit written permission.

Written requests for this type of use should be directed to: inter-circ+owner@groups.io

# CAT-EN 2007-1

#### Frenulum Breve, Frenuloplasty and Frenulectomy

Answers to several questions about the frenulum and its problems.

Now in its 2<sup>nd</sup> edition. Available in English only (8 pages).

#### Myths, Lies and Half-Truths about Male Circumcision.

A rebuttal of many of the myths, lies and half-truths put about by anti-circumcision activists as part of their deliberate campaign of misinformation.

Now in its 3<sup>rd</sup> edition. Available in English (20 pages) and Spanish (2<sup>nd</sup> edition only, 20 pages).

#### **Future Publications**

It is expected that more official publications will be written and uploaded in the future.

When uploaded to the Files section, they will be advertised to all Inter-Circ Forum members by means of an automatic message in the Discussion group, as will significant updates to existing publications.

We would welcome any corrections or relevant additions to our publications as well as suggestions for future topics.

#### **Recommended links**

Inter-Circ is not the only publisher of reliable information regarding circumcision. The following sites are recommended as they are based on medically correct information. Inter-Circ has no control over the content of external sites and cannot vouch for their accuracy or continued availability.

Inter-Circ: The International Circumcision Forum https://groups.io/g/inter-circ

The Circumcision HelpDesk<sup>™</sup> Web Sites http://www.circumcisionhelpdesk.org http://www.circinfo.com

Professor Dr Morris's Web Site http://www.circinfo.net

The Circumcision Facts Web Site http://www.circfacts.org

The Circlist Web Site http://www.circlist.com

#### A Girl's Guide to Young Boys Especially for 8-18 year old girls

Some answers to girls' questions about young boys, including: Why boys' genitals are different from those of girls. Why some penises look different from others. Why boys need to be naked during a medical examination when girls don't. Bathing young boys: with special reference to cleaning their penis.

1<sup>st</sup> edition. Available in English only (8 pages).

#### A Glossary of Terms relating to Circumcision, the Genitals and Urinary Organs.

This is a useful list of the many anatomical and technical terms that one may encounter in Inter-Circ publications or Internet discussion groups relating to circumcision. It includes annotated diagrams of circumcised and uncircumcised penises.

Now in its 4<sup>th</sup> edition. Available in English (32 pages) and Spanish (3<sup>rd</sup> edition only, 36 pages.)

#### The Health Benefits of Male Circumcision

#### What all Parents, Teens, Men and Women need to know

Essential information that all parents, men and women need to know regarding this topic.

Now in its 3<sup>rd</sup> edition. Available in English only (20 pages).

#### Introduction to Genital Anatomy

#### Of the Male and Female

The basic anatomy of the male and female genital organs explained and illustrated.

Now in its 2<sup>nd</sup> edition. Available in English only (12 pages).

#### Is My Penis Ok?

## Answers to this and other questions teen boys ask about sex, health and development

This booklet is aimed especially at teenagers who may have missed out on sexual education or personal health and development lessons at school.

#### Now in its 3<sup>rd</sup> edition.

Available in English (44 pages) and Spanish (1st edition only, 36 pages).

## Catalogue of Official Inter-Circ Publications

Authors

Inter-Circ Moderation Team

Medical Advisor

John Murray M.D.

Seventh Edition Last updated July 2020



#### Inter-Circ: The International Circumcision Forum

is a volunteer-run pro-circumcision group. The purpose of the group is to make known the benefits of circumcision, to discuss topical issues related to the subject and to offer advice both pre- and post-circumcision.

The Inter-Circ forum has recently moved from Yahoo! Groups and is now located at: https://groups.io/g/inter-circ

#### Disclaimer

Whilst every effort has been made to ensure the accuracy of the information contained within Inter-Circ publications, they are intended as a guide only and not as a source of complete or totally indisputable information.

The publications listed herein do not constitute 'medical advice' and are not intended as a substitute for the advice of your medical practitioner.

#### Introduction

The Inter-Circ web site (https://groups.io/g/inter-circ) includes a Files section. Whilst some of the files have been placed there by members, the majority have been specially written by the Inter-Circ Moderation team and represent the official views of Inter-Circ as well as having all been checked for medical accuracy by an experienced doctor of medicine.

This catalogue lists these so that members can readily identify and find these official publications.

We also act as a distributor for some separate publications of The Circumcision Helpdesk<sup>™</sup> (which are identified as such on the relevant file folders), over which we have no editorial control. They also distribute our publications.

All publications are initially written in English. Many are also available in Spanish, although often only in an earlier version. They are all presented on-line as Adobe PDF files so that they can be read on any computer without costly proprietary software.

There are two versions of each publication:

The one with \_web in its title is in a page-by-page sequence designed for reading directly on-line or downloaded to read on a computer/tablet/phone.

The one with \_print in its title has the pages arranged in the proper pairs to enable double-sided printing on A4 paper and then folding into an A5-size booklet. (These will also scale for printing on US Letter paper.)

Please ensure that you download the correct version for your method of reading.

#### Catalogue

#### Preparation for a Teen or Adult Circumcision.

#### A General Guide

General guidance on how to prepare for circumcision as a teenager or adult.

Now in its 4<sup>th</sup> edition. Available in English (20 pages) and Spanish (2<sup>nd</sup> edition only, 16 pages).

#### **Post-Operative Care for a Teen or Adult Circumcision.** *A General Guide*

General guidance based on doctors' advice to patients and patients' own experiences of post-operative care for their circumcision when performed in teenage or adulthood.

Now in its 6<sup>th</sup> edition. Available in English (20 pages) and Spanish (3<sup>rd</sup> edition only, 16 pages).

#### **Preparation for Infant or Childhood Circumcision.** *A General Guide*

General guidance for parents on how to prepare for the circumcision of their son in infancy or pre-puberty childhood. Now in its 4<sup>th</sup> edition. Available in English (20 pages) and Spanish (1<sup>st</sup> edition only, 16 pages).

#### A Parent's Guide to Care for Your Son's Infant or Childhood Circumcision.

General guidance based on doctors' advice to parents, and parents' own experiences of post-operative care for their son's circumcision when performed in infancy or pre-puberty childhood. Now in its 6<sup>th</sup> edition. Available in English (20 pages) and Spanish (1<sup>st</sup> edition, 16 pages, Different title).

#### A Boy's Guide to His Own Care for a New Circumcision

#### A guide especially for parents to give to their newly circumcised 9-12 year old sons

Many boys, especially those over 9, are quite capable of doing some of their own after-care and parents should encourage them to do so whenever possible.

This booklet (which is based on the full Parent's Care Guide listed above) aims to explain in simple terms what he should do, and what to look out for, after his circumcision.

It is only intended for parents to give a copy of this booklet to their son if they believe he is capable of assisting with his own circumcision after-care. *It is not intended for boys to read without parental agreement*.

Now in its 3<sup>rd</sup> edition. Available in English only (20 pages).

#### The Best Age to Circumcise

A discussion of the best age to circumcise. After looking at some general considerations that may override any age related matters, some advantages and disadvantages of certain age ranges are discussed and an overall conclusion reached.

Now in its 3<sup>rd</sup> edition. Available in English only (20 pages).

#### **Circumcision Consent**

#### An Introductory Guide

An introduction to the topic of consent for circumcision as it applies worldwide.

Now in its 2<sup>nd</sup> edition. Available in English only (12 pages).